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## **Understanding How God Changes Me Phil. 2:12-13**

The Christian life is not a series of ups and downs.

It is a process of ins and outs.

God works in us while we work out.

◆ **Life change begins with God – Vs 13**

- We partner with God.
- God is always at work in us. – Eph. 2:10

◆ **As God begins His work in us, He uses three tools in the process:**

- God uses the Bible to bring about life change.
- God uses the Holy Spirit to change us.
- God uses circumstances to change us.

◆ **Life change is about training not trying – Vs 12**

◆ **Life change requires teaching – 12**

◆ **Life change is a team effort – 12**

If you are struggling with spiritual growth and little life change is occurring where is the breakdown?

Are you in partnership with God?

Are you allowing God to use His tools of the Bible, the Holy Spirit, and circumstances?

Are you in training?

Are you engaged in a spiritual work out by employing spiritual disciplines?

Are you engaged with fellow Christians to hold you accountable, challenge, encourage, and support your life change?

**MY PRAYER IS  
THAT YOU UNDERSTAND HOW GOD CAN CHANGE US.**