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## What Weight Are You Holding On To? Heb. 12:1-2

- ◆ What is it that keeps hindering you from living a life of obedience?
- ◆ What is it that will hinder you from going to the next level in 2022 if the Lord's will?
- ◆ We are going to break down Hebrews 12:1-2
- ◆ Hebrews 12 begin with the words:
  - **Wherefore seeing we also are compassed about with so great of witnesses**
    - This references back to Hebrews 11, the great hall of fame of faith.
  - **Let us lay aside** is a compound word that means away; means to place or lay something down.
  - **Every weight** a word that describes a burden or something so heavy that it impedes a runner from running his race as he should.
  - **And the sin** those things that has the greatest advantage against us by the circumstances we are in.
    - Start by identifying this sin?
    - The things you think, do, and say are they permitted in scripture?
    - Be like David in Psalm 139:23-24
  - **Doth so easily beset us**
    - Beset means standing around.
  - **And let us run with patience the race that is set before us**
    - We are encouraged to run hopeful, cheerful and consistently the race that is ahead of us.
    - We are all running toward something, either heaven or hell.
  - **Looking unto** means being brought out of something, and to be taken to something else.
  - **Jesus the author and finisher of our faith**
    - We are brought of looking towards other things, other people, and being taken to the point of looking only at Jesus.
  - **Who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God**
    - Even though he knew he would be despised, endure shame, and suffer the cross, still found joy in being able to redeem man.

**God wants us to come to Him and lay our burdens on Him, have that faith in Him that He is the one we run to, and that He can take all the excess weight off of our shoulders and keep our lives moving forward.**